

First Aid At Work Requalification

Maximum number of candidates per course: 12

Course Duration: 2 Days (12 hours)

Objective

The candidate is refreshed in the First Aid at Work principles and suitable to be individually re-assessed for the First Aid at Work Certification to an acceptable standard.

Selection of suitable candidates

1. Candidates must hold a current First Aid at Work certificate. The course Instructor will need a copy of the certificate at the beginning of the course to validate all participating students.
2. Candidates must be prepared to continue to carry out First Aid within the workplace whilst he/she holds a First Aid Certificate.

Aims of the course:-

- To update and refresh the candidate in the concepts of First Aid at Work and in accordance with the Health & Safety (First-Aid) Regulations 1981.
- To present the candidate for re-assessment with the Examiners.
- To re-issue First Aid at Work Certificates in accordance with the Health & Safety (First-Aid) Regulations 1981.

Course Content

The skills of patient care which are essential to provide life support to an ill or injured person.

Candidates will receive training in a wide range of first aid skills including:

- The ability to act safely and effectively when an accident occurs.
- The treatment and priorities of care for an unconscious patient.
- The recognition of cardiac arrest and delivery of cardio-pulmonary resuscitation (CPR).
- Treatment of casualty who is bleeding (use of bandages and slings).
- Treatment of choking patient.
- Recognition and treatment of shock.
- Simple record keeping following an accident at work.

Students will also learn to provide care for patients who have:

- Suffered burns or scalds.
- Broken or injured bones, muscles, joints.
- Suffered poisoning.
- Suffered injury to the eye.
- Signs and symptoms of a number of serious illnesses including, heart attack, stroke, diabetes etc.
- Suffered extreme temperature changes.

Candidates will be required to undertake an independent re-qualification assessment on the second day of the course.

Certification

Candidates who successfully complete the course will be awarded a First Aid at Work Certificate, which is valid for three years.