



FIRST AID AT WORK

Under the Health and Safety (First Aid) Regulations 1981 and Approved Code of Practice (ACOP L74), employers have a legal obligation to provide adequate and appropriate First Aid provision to their workforce, at all times people are at work. Correct First Aid provision can help employers reduce costs from injury, prevent minor injuries from becoming major ones and could save lives.

Each employer is required, by law, to make an assessment of significant risks in the workplace and to decide the level of First Aid cover required at each site. Once this has been established, First Aid at Work training should be undertaken by suitable employees.

Sivatech Ltd can provide professional, structured and Certified First Aid At Work Courses, recognised by The Health & Safety Executive, to ensure employers are meeting the legal requirements in protecting their employees and, thus, protecting their business.

APPOINTED PERSON EMERGENCY FIRST AID

Maximum number of candidates per course: 12

Duration of Course: One day

The course is designed for any member of an organisation who is likely to find themselves taking charge of a first aid emergency or assisting a qualified First Aider. The aims of the course are:-

- To train the delegate to understand emergency first aid.
- To build the delegate's confidence in the ability to perform emergency first aid.
- To assist the delegate to reach an acceptable standard to allow the instructor to issue an Appointed Person Certificate of Attendance.

CONTENT

This course covers the basic essentials in emergency care:-

- The ability to act safely and competently in an emergency.
- Treatment and priorities of care for an unconscious patient.
- Recognition of cardiac arrest and the delivery of cardio-pulmonary resuscitation (CPR).
- Treatment for a choking casualty.
- Treatment for a bleeding casualty (use of bandages and slings).
- Recognition and treatment of casualty suffering from shock.
- Simple record keeping following an accident at work.

The course utilises the following training methods:

- Multimedia presentations to convey information.
- Hands on practice in small groups.
- Positive coaching from approved Instructor.
- Opportunity for self appraisal and completion of class evaluation.

CERTIFICATION

The course is certificated and is currently valid for three years

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